



IFEC: Practical Personal Financial Management Programme

投委會: 實用個人理財計劃

1. Money Management and Credit

資金管理與信貸

- Budgeting
- Saving tips
- Financial planning
- Managing MPF
- Responsible borrowing
- Proper usage of credit card
- Credit record and score
- Scam prevention



21 Oct 2026 (Wed)



15:30-17:00



SMC 1101,
Shek Mun Campus



2. Insurance and Investment

保險與投資

- Major types of insurance products
- Factors to consider when buying insurance
- Basics of investing
- Understanding different types of investment products
- Investment strategies and risk management
- Good investment practices



2 Nov 2026 (Mon)



13:30-15:00



SMC 1009,
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